

## On Your Mark, Get Set, Go Meritain.com!

### Did you know?

You have access to a variety of online tools and resources through [www.meritain.com](http://www.meritain.com)!

### What you'll find on the Meritain Health Member Portal

Using the Meritain Health Member Portal, you have 24-hour access to a number of tools and resources that can help you manage your health benefits. Below are a few of the tools available on Meritain.com:

- Verify eligibility and benefits coverage
- Find the status of claims
- View your Explanation of Benefits (EOB) documents
- Review your benefit plan documents in their entirety
- View deductibles and out-of-pocket limits
- Check Flexible Spending Account (FSA) and Health Reimbursement Arrangement (HRA) balances, if applicable
- Submit Coordination of Benefits (COB) information
- Update user demographic information
- Request Letter of Coverage (LOC)
- Prescription plan coverage
- Update account settings



### Access as easy as 1-2-3!

#### Step 1:

You should open your Web browser and go to [www.meritain.com](http://www.meritain.com).

#### Step 2:

You'll need to register your account. Start by clicking *Register* and then clicking on the *Member* tab. Your spouse and adult dependents will need to create their own accounts.

#### Step 3:

You'll need to fill in your:

- Group ID (you can find this on your ID Card).
- Member ID (you can find this on your ID Card, as well. You should enter it with no spaces or dashes).
- Date of birth.
- Name (as it appears on your ID Card).
- ZIP code.

You will be prompted to enter an email address, create a username and password, and select a security question. Review the terms and conditions, and click *I agree to terms and conditions* and *Next*, or click *Cancel*.

The next time you log in, just use the same username and password from Step 3.

## On-the-go access to your Meritain Health benefits

You can get benefits information when and where you need it—right from your smart phones and tablets.

### Easy to access and easy to use

1. First, simply register for your mobile account through [www.meritain.com](http://www.meritain.com). (If you've already registered to access your personal information on the Meritain Health Member Portal—you can skip this step. Then, simply log in to Meritain.com through the browser on your smart device to access your account.) \*
2. From any mobile device, just log into Meritain.com. You'll find quick-to-navigate displays you can easily use with your device's touch screen.

\* For ease of navigation, we recommend you register for your account using a desktop computer.

If you have any questions about how to register or use Meritain.com, we can help. Simply call our Customer Service department using the phone number on your member ID Card.

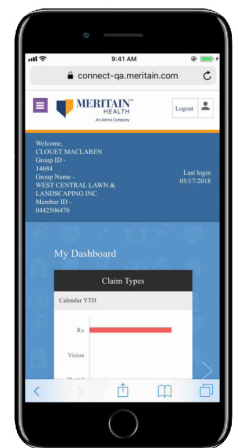
### Helpful benefits information

You can rely on **Meritain.com** if:

- You need to quickly find a doctor or hospital in your network.
- You're not near a computer and need to know your deductible or out-of-pocket amounts.
- You need to make a healthcare purchase but don't know your FSA or HRA balance. \*\*
- You want to research a claim or take a look at an EOB statement on the go.
- You want to download and view (.pdf) a copy of your ID Card.

You may not always be in front of your computer. But now, you'll always be able to find the healthcare information you need to help you get the most out of your healthcare benefits. It is one more way Meritain Health is working hard to help you be your healthiest self.

\*\* If applicable to your plan.



### Advocates for Healthier Living

Meritain Health provides easy-to-use healthcare benefits you can use to stay healthy and productive. Contact us at the number on your ID Card if you have any questions about your plan.